

## COMPLEMENTARY AND ALTERNATIVE HEALTH CARE BILL OF RIGHTS

Please read and sign this complementary and alternative health care bill of rights. I am providing you with this Client Bill of Rights in accordance with Minnesota Statute 146A governing unlicensed complementary and alternative healthcare practitioners. (1/20/2012)

**(1)Practitioner Name: Jennifer L. Galvin-Anderson, M.A. Holistic Life Consultant, Energy Healing & Young Living Essential Oils Raindrop Technique Practitioner**

Company: Living Well Energy Healing, Shakopee, Mankato & New Ulm, MN

Physical address: 1676 Liberty Circle, Shakopee, MN 55379

Complementary and Alternative Health Title: Consultant – Energy Practitioner – Raindrop Technique Practitioner – Speaker/Presenter – Educator

Phone: 651.283.1436

(2) Degrees, training, experience, or other qualifications regarding the complementary and alternative health care being provided and the statutory important disclosure statement in bold print below:

(a) Bachelor of Arts degree in Religion, Augsburg College, Minneapolis, MN, 2005

(b) Pastoral Crisis Intervention Training, 2005

(c) Master of Arts degree in Holistic Health, St. Catherine University, Minneapolis, MN, 2008

(d) Reiki I Certified, St. Catherine University, 2008

(e) Reiki II Certified, St. Catherine University, 2008

(f) Healing Touch I completed, St. Catherine University, 2008

(g) Healing Touch II completed, St. Catherine University, 2008

(h) Healing Touch III completed, St. Catherine University, 2008

(i) Raindrop Technique, Young Living and C.A.R.E., 2011

(j) Emotional Release Technique, Young Living and C.A.R.E., 2011

**THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY**

**Under Minnesota Law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, nurse, osteopath, physical therapist, dietician, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services any time.**

(3) If a practitioner has a supervisor:

(a) Supervisor Name: NA; Business Address: NA; Contact Number: NA

(4) A complementary and alternative health care client has the right to file with the practitioner's supervisor, if the practitioner has a supervisor, the following is the process for filing complaints with a supervisor: Not applicable as practitioner is self employed.

(5) Any Client may file a complaint with the following office:

Health Occupations Programs, Division of Compliance Monitoring

Minnesota Department of Health  
PO Box 64882, E5 76 Place E, Site 220  
St. Paul, MN 55164-0882,  
Phone: 651.201.3728.  
Fax: 651.201.3E39

- (6) Practitioner Fee for Unit of Service:
- a. Energy Healing - \$60
  - b. Emotional Release - \$70
  - c. Raindrop Technique - \$90
  - d. Raindrop/Energy Healing for Kids - \$45
  - e. Spiritual Raindrop - \$100

Method of billing: payment in full due when service is rendered. Payment by cash, or personal check, or purchase on PayPal from website.

Insurance companies that reimburse practitioner's service: not applicable.

HMO that practitioner is contracted with to provide services: not applicable.

Practitioner does not accept Medicare, Medical Assistance, General Assistance Medical Care.

Practitioner does not accept partial payment or waive payment.

(7) Clients have a right to reasonable notice of changes in services or charges. This practitioner provides 30 days notice.

(8) The following is a brief summary, in plain language, of the theoretical approach used by the practitioner in providing services to clients: See website at or any attached handout or brochure incorporated within.

(9) Clients may expect courteous treatment and to be free from verbal, physical, or sexual abuse by the practitioner.

(10) Client records and transactions with the practitioner are confidential, unless release of these records is authorized in writing by the client, or otherwise provided by law.

(11) Clients have a right to be allowed access to records and written information from records in accordance with Minnesota Statute 144.291:298.

(12) Clients have the right to choose freely among available practitioners and to change practitioners after services have begun, within limits of health insurance, medical assistance, or other health plans.

(13) Clients have a right to coordinate transfer when there will be a change in the provider service.

(14) Clients may refuse services or treatment, unless otherwise provided by law.

(15) Clients may assert the client's rights without retaliation

Subd. 2

[ACKNOWLEDGEMENT BY CLIENT]: Prior to the provision of any service, a complementary and alternative health care client must sign a written statement attesting that the client has received the complementary and alternative health care bill of rights.

I hereby acknowledge receipt of the Client Bill of Rights and the attached documents incorporated here within, and I have had full opportunity to ask any questions I have about this document and my rights as a client. I understand my rights as a client.

### **Further Information on the Raindrop Technique**

1. **The Purpose of Raindrop Technique** is to stimulate every organ, muscle and bone of the body at a cellular level through the oils, supporting the immune system, bringing the body into structural /electrical balance, and enabling the release of toxins or disease wherever they may be lodged – including those illnesses lodged in the mind and emotions. Raindrop Technique is a non-secular art and science.
2. **The Client is the Principal Participant** in each session and the means of their own healing. The Facilitator is but a vessel assisting the client to mobilize their own healing powers. The client should interiorize or center themselves and feel the body as it adjusts and corrects itself.
3. **The Maladies of the Body and Mind are in Layers.** During any given Raindrop session only those layers the client is ready and willing to release will be released-both physically and emotionally. Negative experiences can be our greatest teachers, thus we sometimes hold on to them- because we still have something to learn from them. When the client feels ready to release, the facilitator may assist with that process.
4. **Raindrop Technique is a Complete Modality**, in and of itself, that reaches to all levels of the body, mind and emotions. The objective of Raindrop is to awaken the receiver's internal healing powers and any external manipulation (such as chiropractic, reflexology, acupuncture, etc.). Raindrop Technique alone is sufficient to awakening the self-healing powers of the client and does so in a way that delivers optimal benefit according to the readiness and willingness of the client. If needed or desired, other healing modalities can be employed later when the Raindrop Technique has had time to complete its work.
5. **Raindrop Technique Stimulates Detoxification of the Body.** It is crucial for the client to drink plenty of water following a session and avoid toxic fluids such as soda pop, coffee, or alcohol. A good rule to follow is to divide your weight in pounds by two and drink that number of ounces of pure water every day. Sometimes the detoxification process results in bodily soreness, headache, sinus drainage, coughing or a rash on the skin. While unpleasant, these symptoms are temporary and are merely an indication that the technique is working and perhaps, saving you from a much more serious illness at a later time. If the colon, liver and kidneys are saturated with toxins and unable to function

normally, the skin becomes the primary organ of excretion - thus a rash. If that happens, stop using oils for a while and double your water intake.

6. **Strong Emotional Releases can Sometimes Occur with Raindrop** since the oils, when inhaled, go directly to the central brain which coordinates the memory of stored emotions. The oils also go directly to the muscles, tissues and organs throughout the body where emotions can also be stored in cellular memory. Essential oils can penetrate cellular membranes and release these forgotten emotions. In rare instances, receivers may have a strong emotional response (such as crying, moaning, flailing of arms, etc.). In such instances, the Raindrop session has provided what the client perceives as a safe environment to allow such expressions to manifest and work themselves out.
7. **The Benefits from Raindrop May Not all be Apparent Immediately** following the session. Some clients may experience a healing (occasionally dramatic) immediately upon receiving Raindrop. Others may have subtle changes, and the completion of the benefits of the client's mind, body and emotions may take place over a period of hours and days following the session. What problems the client may have hoped would be corrected may not yet be healed, thus waiting to be released in a future Raindrop session. Meanwhile, unexpected healing may occur for chronic problems the client had not even thought of. One can never predict in advance what benefit Raindrop may bring in a given session.
8. **A Word About Skin Sensitivities.** Therapeutic grade essential oils (such as Young Living) are generally safe to apply neat (directly on) to the skin without unpleasant reactions. However, people prone to allergies or whose bodies are in an acid condition or who have high levels of toxins may react to some oils and can develop a rash from too rapid a detox following raindrop. A pure vegetable oil can be applied to dilute the essential oils.
9. **Anyone Can Do Raindrop.** The healing is from God through the oils and the facilitator. No license is necessary. There are a variety of valid and effective ways to do Raindrop. While following a basic outline, the experienced facilitator may sometimes be led to vary the oils and the technique to fit the client according to their needs at the time. There may be some ways of applying the oils of Raindrop Technique that are more effective and some that are less effective, but there are no ineffective ways to do Raindrop. The important thing is to get the oils on the body where they can do the work.

## **Benefits of Raindrop Technique:**

- \* Helps with removing Bacteria and Viruses
- \* Reduction of Pain
- \* Reduction or elimination of backache
- \* Reduced Inflammation
- \* Helps realign the spine
- \* Improved Circulation
- \* Relieves Stress
- \* Relaxation and invigoration
- \* Improved Immune Function
- \* Can help with the release of Negative Emotions

## **The Young Living Essential Oils used are:**

**Oregano** (battles viruses), **Thyme** (anti-viral), **Basil** (muscle relaxant), **Wintergreen or Birch** (bone repair), **Peppermint** (topical analgesic), **Marjoram** (anti-spasmodic), **Cypress** (anti-inflammatory), and **Valor** (for spinal alignment and muscle problems, along with **Aromaseiz®** and **Orthoease®**). Other oils may be added if necessary for a particular condition. For people with sensitive skin the oils may cause some reddening or excessive warming of the skin, but this can be relieved quickly and the benefits of the raindrop technique will be well worth it.

## **Living Well Energy Healing Raindrop Technique Release Form**

I Hereby Attest to the Following:

1. I understand that Raindrop Technique is a non-secular art and science and is an application of essential oils that may or may not help an individual experience some form of improvement in their overall feeling of wellbeing.
2. I have read or discussed and understand the information provided on Jennifer's webpage regarding what the Raindrop Technique is.
3. I understand that this is a technique and not a replacement for personal medical treatment.
4. The facilitator has not diagnosed any condition and is not prescribing this as a treatment for any specific condition, but is rather applying an ancient technique that can have varying results.
5. I understand that human response to essential oils vary considerably and are not predictable because of the unique chemistry and make up of each individual.
6. I am totally and completely responsible for agreeing to this technique and I do not hold the facilitator, nor anyone else, liable for the results.
7. I am here on this and any subsequent visit solely on my own behalf to obtain whatever results I can individually receive from this technique. I am not a representative of any federal, state, county or local agency.

Name \_\_\_\_\_ Date \_\_\_\_\_  
Phone Number \_\_\_\_\_